

South Hills / Cloverleaf YMCA

Smoke Signals

News for Indian Guides and Big Braves.

April 1, 2010 Volume 1, Issue 1

Inside this issue:

<i>YMCA News</i>	1
<i>Longhouse Directory</i>	2
<i>Chief's Message</i>	3
<i>Upcoming Events</i>	4
<i>Fall Family Picnic</i>	6
<i>Trax Farm</i>	8
<i>Wreath Sale</i>	10
<i>Campout Info</i>	12

HOT DATES

September (all)
 School Visits and Rallies
September 10
 Bethel Park Community
 Days
September 14
 Longhouse Meeting
 Al's Cafe @ 7:30
September 24
 IG/IP Fall Family Picnic
November 4-6
 Fall Campout @ KOK

What's Happening at the YMCA.

Visit www.southhillsareaymca.org/smokesignals and keep up to date on all of the events, activities and happenings of the Guides Program.

Remember — all Camp-outs for the 2010-2011 Guide and Princess Programs will offer an "Early Bird Special" for those of you who register two or more weeks in advance. Anyone who registers after the "Early Bird" deadline will pay a \$ 25.00 surcharge. This price structure will provide the camps with a more accurate number of participants and allow for better planning for food, lodging, activities and supplies. If you plan to still arrive on Saturday, please understand it will be the same price as a Friday arrival.



DO WE KNOW YOUR EMAIL? Send me your email address and get on the "Master List" so you can receive information. (dsloan@ymcapgh.org).

Summer Catalogs listing all of our Progressive Swim Lessons, and Y-Youth Sports are available NOW!!!! Contact the YMCA for more information or visit the website at, www.ymcapgh.org.

We have already had a great start to it! Let's keep it going! =)

Tribe of the Year

Each year we elect one of our tribes to the coveted award of "Tribe of the Year" This award is earned by the tribes that show outstanding service to the IG Program and the YMCA through volunteer service at our longhouse events, participation in the Longhouse and sponsoring campouts. Please join me in congratulating this years winner...The mighty Tuscarora Tribe of Chartiers Valley. Led by Chief Chuck Farinella, they have demonstrated all the values that a great tribe needs to succeed.

LONGHOUSE OFFICERS:**Chief:** Bill Narr & Joshua and Jacob

412-851-8502

bethelnarrs@comcast.net

War Chief (BP):**War Chief (MTL):****War Chief (CL):** Paul Majetic & Ian and Nicholas

412-384-2924

pmajetic@medrad.com

War Chief (USC):**War Chief (PT):****War Chief (CV):****Web Spinner:** Chuck Husa & Christian

412-999-4999

chusa@comcast.net

Medicine Man: Joe Cawley & Ryan

412-344-1873

jcawl@verizon.net

Chule Chief: Brad Lucidore & DJ

412-854-1222

Brad.lucidore@verizon.net

Indian Agent: Dan Sloan

412-833-5600

dsloan@ymcapgh.org

NATION CHIEFS:**Cloverleaf Chief:** Shawn Ryan & Shawn

412-916-0606

sryan9@verizon.net

Bethel Park Chief: Aaron Henderson & Luke

412-851-4102

Aaron.henderson@dcsg.com

Mt. Lebanon Chief: Dom Pellicciotti and Louis

412-835-3941

Dominic.pellicciotti@pnc.com

Peters Township Chief: Joe Sawich & Jake

724-941-5486

joejessies@verizon.net

USC Chief: George Garces & George

412-221-3629

georgegarces@yahoo.com

CV Chief: Mark Slaven & Nick & Chris

412-257-8829

markslaven@verizon.net

Big Braves —call your Tribe Chief, Nation Chief or Any Longhouse Officer With Any Questions About The Indian Guides Program or Visit Our Web Site at www.southhillsareaymca.org/smokesignals.

For Information About the Indian Guides or other South Hills YMCA Program, Call 412-833-5600.

Guide news, notes, etc:

www.southhillsareaymca.org/smokesignals

Need Trailblazer information e-mail:

trailboss@southhillsareaymca.org

Dan Sloan @ YMCA: dsloan@ymcapgh.org

Drum Beats:

A Message from your Longhouse Chief:

Hello Big and Little Braves of the South Hills Indian Guides Program!

I hope everyone had a great summer! I'm sure you are all ready for another fun-filled year in the program, as are my Little Braves and I. This will be our third year in the Bethel Park Shawnee Tribe, and this will be my second year serving the program as Longhouse Chief. I learned a lot during my first year, and felt that I might be able to help the program along further in a second year with the experience under my belt. I'm confident that lessons learned from last year can help us as a Longhouse to improve the experiences of this year and beyond!

One of my personal primary goals for this upcoming year will be to emphasize the criticality of volunteerism by the Big and Little Braves throughout the program to help it continue to thrive. You will be hearing this message from me a lot as there is so much good that comes from this as I have witnessed: Big Braves that feel more connected, closer bonds with the event volunteers, a sense of good purpose that is gained, and a realization that it is REALLY, MOSTLY the time and effort put-in by the families from year to year that actually keep this thing going! Not to undermine the great work and support offered by Dan Sloan and the YMCA office, but most of what you enjoy from event-to-event is brought together by cooperation and a little bit of time commitment among us Big Brave friends across the "Nations". Our Nation Chiefs are a primary example of that and I want to put out a big HEEP HOW to each of them (you know who you are) and ask that all of the Tribes honor their respective Nation Chiefs throughout the year with praise AND help when they call for it!

Please keep up to date on the events of the upcoming year by checking the Smoke Signals website and watching out for the communication emails coming down from the Nation Chiefs upon conclusion of our monthly Longhouse meetings.

We'll be kicking off the season with the Fall Family Picnic on September 24th (details on the website or in the flyer), so please mark that date and remember it is a Recruitment Event and we want prospective recruits to come to witness a lot of the kind of fun that the program offers.

We're in the thick of the recruitment season and a great collaborative effort between the Indian Princess and Guides program has yielded more school visits and posters in all of the local communities than ever before. We hope to reap the benefits come early October in the results of new Tribes and will update on that during our first campout at Camp Kon-O-Kwee 11/4 - 6.

As always, feel free to contact me or approach me anytime we are all together. I met a lot of new friends in the program last year and hope to double or triple that again this year! My Little Braves and I again look forward to a lot of memory-making fun this upcoming year!

Pals Forever/Friends Always!

Storm Chaser, Hurricane, and Tsunami (Bill, Jacob, and Johsua)



got vests??

Or have a need for printed
or embroidered apparel for your next event?

classic impressions

www.classicimp.com 412-257-8020

Ask for the Warrior discount



THE AREAS PREMIER INDOOR SPORTS FACILITY

724.747.4222

www.southpointefieldhouse.com

Indian Guides List of Upcoming Events

September

Recruitment—School visits and Rallies

September 10

Bethel Park Community Days

September 24

IG/IP Fall Family Picnic

Nov. 4-6

Fall Campout (All Nations) KOK



Patrol news, notes, etc: www.southhillsareaymca.org/smokesignals

Need trailblazer information e-mail: trailboss@southhillsareaymca.org

Dan Sloan @ YMCA: dsloan@ymcapgh.org

Continuing a 37 year tradition!



Come tour our classrooms and meet our teachers!

Programs available for children ages 2 through 5!

Now registering for 2010 - 2011 Classes at
875 Clifton Road, Bethel Park PA 15102
(412)833-4704 / JMPCPreschool@yahoo.com
Visit us online at www.johnnemillanpc.org

RED ONION
HOAGIES & PIZZA

"So good, it'll bring a tear to your eye."

2925 South Park Road

Between Family Video and Red Cap Cleaners

**X-Lg. 16"-12 Cut
1 Topping Pizza
\$11.99** PLUS TAX

LIMITED TIME OFFER
RED ONION • 412-833-8600

Y I P U Z Z L E S

Circle all of the words hidden in the grid. The words may be hidden in any direction.

- SCHOOL
- FOOTBALL
- SOFTBALL
- APPLES
- LEAVES
- RAKING
- BOOKS
- HALLOWEEN
- GHOSTS
- WITCHES
- COSTUMES
- CANDY
- THANKSGIVING
- PUMPKIN
- JACK-O-LANTERN

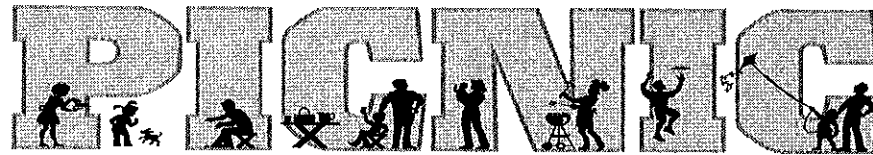


C	A	P	T	W	I	T	C	H	E	S	F	H	T	L
E	A	D	U	D	V	C	O	U	S	I	T	U	C	E
Z	O	A	N	F	O	O	T	B	A	L	L	O	N	J
M	A	R	P	I	E	S	H	E	O	Y	O	Q	O	A
W	O	R	U	P	L	F	A	T	G	O	R	E	H	C
F	A	M	M	S	L	T	N	W	H	E	K	P	A	K
A	N	D	P	R	J	E	K	I	X	A	I	S	L	O
C	A	S	K	F	E	Z	S	O	F	T	B	A	L	L
A	P	P	I	L	O	S	G	A	M	A	G	A	O	A
N	L	W	N	I	C	O	I	M	G	D	G	L	W	N
D	E	V	E	P	B	Y	V	F	L	Q	H	O	E	T
Y	S	C	H	O	O	L	I	S	E	O	O	Q	E	E
L	E	T	O	D	A	Z	N	F	A	L	S	H	N	R
A	R	A	G	O	S	F	G	E	V	L	T	H	N	N
R	A	K	I	N	G	L	E	A	E	W	S	E	D	E
I	S	C	O	S	T	U	M	E	S	E	P	X	T	S

GO STEELERS!!!

9/11 @Baltimore	1:00PM	11/13 @ Cincinnati	1:00PM
9/18 SEATTLE	1:00PM	11/20 BYE	
9/25 @ Indianapolis	8:20PM	11/27 @ Kansas City	8:20PM
10/2 @ Houston	1:00PM	12/4 CINCINNATI	1:00PM
10/9 TENNESSEE	1:00PM	12/8 CLEVELAND	8:20PM
10/16 JAXONVILLE	1:00PM	12/19 @ San Francisco	8:30PM
10/23 @ Arizona	4:05PM	12/24 ST. LOUIS	1:00PM
10/30 NEW ENGLAND	4:15PM	1/1 @ Cleveland	1:00PM
11/6 BALTIMORE	8:20PM		





Indian Princesses and Indian Guides

Annual Fall Family Picnic!

Saturday, September 24, 2011

From 3:00pm ~ 7:00pm

Circleview, Indiana, Maryland and Vista Groves

in South Park

Cook-out begins at 5:00pm

This is a **FREE** event for all!

If this is your first time joining us, it will be something you will never forget!


**All Family Members and Friends
are welcome to the Fall Family Picnic**

- ⇒ The Longhouse will provide Hot Dogs, Hamburgers and Beverages.
- ⇒ Each family is asked to bring ONE Side -OR- Salad -OR- Dessert Dish.
- ⇒ Each family should bring a picnic blanket or lawn chairs.
- ⇒ Each Tribe should bring a folding table.
- ⇒ Big Brave and Princesses should bring their vests and headaddresses.
- ⇒ There will be inflatables, raffles, 50/50 and so much more!
- ⇒ BRING A FRIEND — Get a patch!

WE ARE STILL LOOKING FOR YOUR HELP!!!

There are still longhouse positions vacant and in need of filling. Contact Dan Sloan @ dsloan@ymcapgh.org or Chief Bill Narr @ bethelnarrs@comcast.net for more information.

Please help give back to the program by volunteering some of your time!



familyVideo

FREE \$1 MOVIE WITH ANY PAID RENTAL with coupon.

Every New Member receives \$40 in savings upon joining.
KIDS MOVIES ARE ALWAYS FREE!

Valid at any local FAMILY VIDEO in Pittsburgh, PA.

Pennsylvania Martial Arts Academy
609 Washington Ave, Bridgeville PA 15017
www.sdc-pma.com



Special 3 months \$185.00

Kids & Adult Mixed Martial Arts

September 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Schedule of Events

- All Month— School Visits and Rallies
- 10th— Bethel Park Community Days @ BPHS
- 24th— Fall Family Picnic

Fall Family Picnic

Hey there Big Braves and Guides. Be sure to mark your calendars on September 24th for the Fall Family Picnic. This is such a wonderful event to kick off the Indian Guides and Indian Princess year. This is a free event and a chance to welcome new members into our programs. All we ask is that you bring a side dish or dessert to help feed the crowd, as we

will be grilling hamburgers and hot dogs. There will be plenty of games for the kids including an inflatable Moon Bounce!!! We will also have a raffle and 50/50 just like at the campouts. After all the festivities we will gather for our crooked trail ceremony and camp songs led by Dan and Kate. So don't let this date slip your mind as it is an event you won't

want to miss.

Paul & Donovan Kohler
Windwalker & Wild Wind

Ps. Remember to bring any of your friends who might be interested, as they are sure to have a good time.



Longhouse Meeting Schedule

Meetings are held at 7:30pm at Location TBA

- October 1
- November 1
- December 6
- January 10
- February 7
- March 6
- April 3
- May 1
- June 5

Pick your own Pumpkin at Trax Farm!



We will be holding a new event this year that Trax Farm is offering to get ready for Halloween. It is an evening of fun that includes a Hayride, Pick your own pumpkin, and a 3 1/2 acre cornfield maze!

The hayride is approximately 20 minutes long and takes you through the fields behind the farm market. As I said above the maze is a three and a half acre real life cornfield made into a maze. Then finish of the evening by browsing through the pumpkin patch to pick your own unique pumpkin!

They ask that you bring a flash-

light for the maze and to wear older clothes as they might get a little dirty in your adventures.

We will hold this event on October _____. The cost of this will be \$6 for kids and \$8 for adults, this does not include the cost of the pumpkin as that will be an extra fee based on the size and weight of your pick.

Although we do not need to pre register they would like for us to give them a headcount so they are prepared for us. Chiefs, please get a head count of your tribe and email Dan at dsloan@ymcapgh.org to let him know how many from your tribe are coming.

Schedule of Events

- 4th— Longhouse Meeting 7:30pm
- TBA— Trax Farm Pumpkin Picking/Hayride

October 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31	25	26	27	28	29

November 2011

Schedule of Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			


- All Month— Wreath Sale!!!
- 1st— Longhouse Meeting 7:30pm
- 4th-6th— Fall Campout at KOK
- 24th— Happy Thanksgiving!
- 26th— Wreath Sale Drop Off South Hills YMCA Office

Fall Campouts at Camp Kon-O-Kwee

Fall campouts are always a lot of fun for both big braves & small. Campouts with my sons are completely full of activities from hiking to fishing to canoeing to deck hockey to tennis to the trail of courage – we’re all over the place. There’s never a dull moment and with each campout there’s always something special or something funny that happened that they remember. They’ll say, “hey do you remember when... I won that hockey stick at the raffle or when I smashed that cake in your face?” & we’ll all laugh about it. It’s nice to actually just spend time one on one with your kids away from everything & just have a lot of fun with them.

At the fall campouts, you get to meet new Dads & their Sons who’ve recently joined your tribe & you get to see people that you may not have seen since the last campout. Sometimes there’s trick-or-treating or hay rides or you can watch the Trailblazers launch their rockets at rocket camp & that’s always a blast. And at night, there’s always a good story or 3 around the campfire about what happened last year or the year before or on the way to camp or when one of the big braves was at camp with his Dad. And what’s nice is that the kids have a lot of fun too.

Sincerely, Chuck, Christian, and Max Husa, Mighty Picuris Tribe



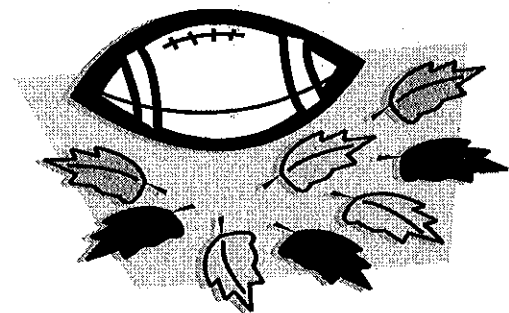
Before and After School Kindergarten Plus Summer Camp

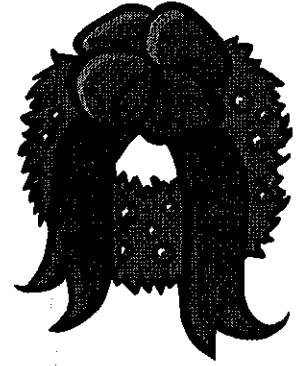
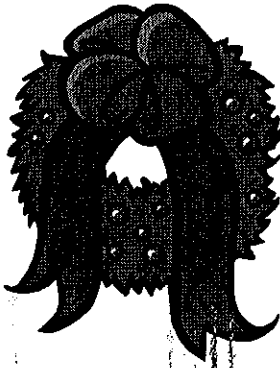
EDS

Extended Day Services

2589 Boyce Plaza Road
Pittsburgh, PA 15241

Phone: 412 221-1980





2011

**SOUTH HILLS YMCA
HOLIDAY WREATH SALE**

SALE DATES

Nov 1 through Nov 25

Order Drop off day will be Nov. 26

Wreath Pick Up day will be Dec. 4

Information will be discussed @ the
LONGHOUSE MEETING in November

Packet will be sent out in October! Be sure to check your
mailboxes for them!

Call the YMCA at (412) 833-5600 for details
or email Kate at kkeegan@ymcapgh.org or Dan at dsloan@ymcapgh.org



**GRAHAM'S
BAKERY**

"A South Hills family tradition since 1964!"

412-561-8600

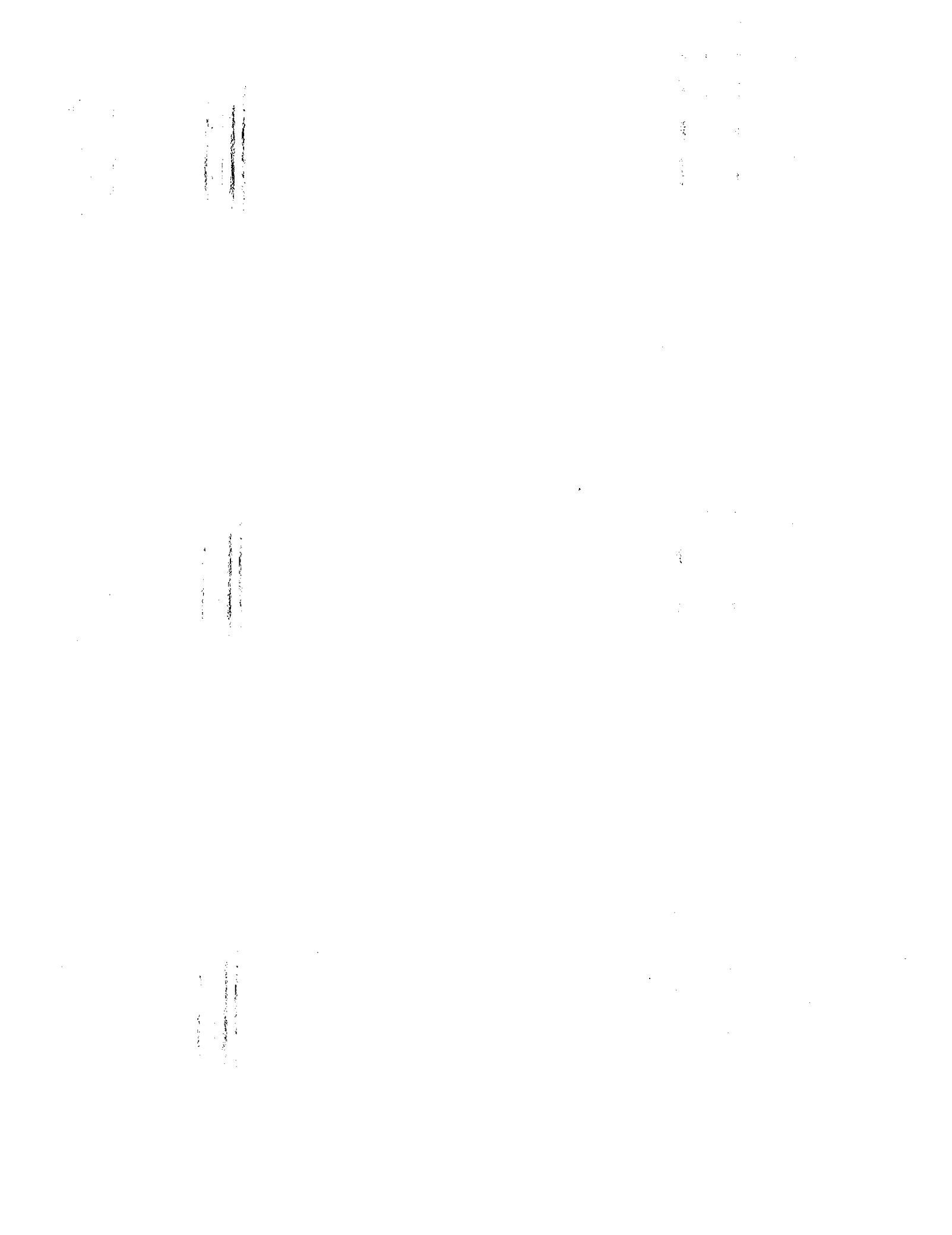
Lebanon Shops 300 Mt. Lebanon Blvd.

TRIBAL CHIEFS...

**We want your tribes roster
and emails!**

E-MAIL your spreadsheet to:

dsloan@ymcaofpittsburgh.org



Let's Go Camping!!

Fall 2011 Campout Information

(Registration form on the next page of this issue.)

Fall Campout @ KOK

WHEN: November 4-6

WHO: All Nations



HOW TO GET THERE

To Kon-O-Kwee/Spencer: From the South Hills, I-79 North to Zelienople exit. Left off exit. Left at first light onto Route 19. Two blocks to next light. Make right (at the Kaufman House Hotel) onto Route 288. Go across railroad tracks (after checking for Iron Horse, of course) Bear left onto Route 588 (Careful here!) Follow Route 588 about five miles to camp.

Entrance is on right, up hill. (Duffy's Country Inn on left at turn) Proceed to the old dining hall to check in (Friday arrivals) and new dining hall (Saturday arrivals) to check in.



To Deer Valley: Take Route 40 or Route 51 to Uniontown. Near Uniontown, pick up Route 40 East to Bypass Uniontown. Continue on Route 40 East via Chalk Hill, Farmington, and Flat Rock. After crossing Yough Lake, and the town of Addison, make a left onto Route 523 North. Follow approximately 1.5 miles, and make a right at abandoned gas station. There are also signs at this intersection for Mount Davis and Meyersdale. Follow this road for about 10 miles, as it winds along, to the entrance of Deer Valley, along the slopes of Mount Davis on your left. Proceed to the camp office to pick up arrival info.



9
PLAYERS
LEAGUE

975 Crest Lane
Carnegie, PA 15106-1331
(412) 215-3130

Mr. Billiards
Chuck Farinella

Trick Shots
& Exhibitions

Individual Lessons
Group Instruction

www.ThePlayersLeague.com

Asti's
PHARMACY

ASTI'S SOUTH HILLS PHARMACY

250 Mt. Lebanon Blvd.
Pittsburgh, PA 15234

Phone: 412.561.2347
Fax: 412.561.2503

What you need to know to have a great camp-out....

Sign-up: begins now on a first-come-first-served basis. Your YMCA Family Membership and Indian Princess program fees must be paid and current prior to your camp-out date. Register early to avoid disappointment and take advantage of "early-bird" savings. **Registrations after April 9 and April 30 are subject to a \$25 surcharge.** Suggestion: Do NOT register as a tribe. Tribes will normally be lodged together.

Cancellation Policy: All cancellations will be assessed a \$25.00 fee if made more than two weeks in advance. **NO** cancellations will be accepted or refunds given if less than two weeks notice is given (partial/full) within two weeks of the campout, or if the YMCA cancels due to bad weather.

Arrival: Plan to arrive between 7:00PM and 9:30 PM Friday, or 9:30 and 11:30 AM Saturday. No meals or snacks served Friday night.

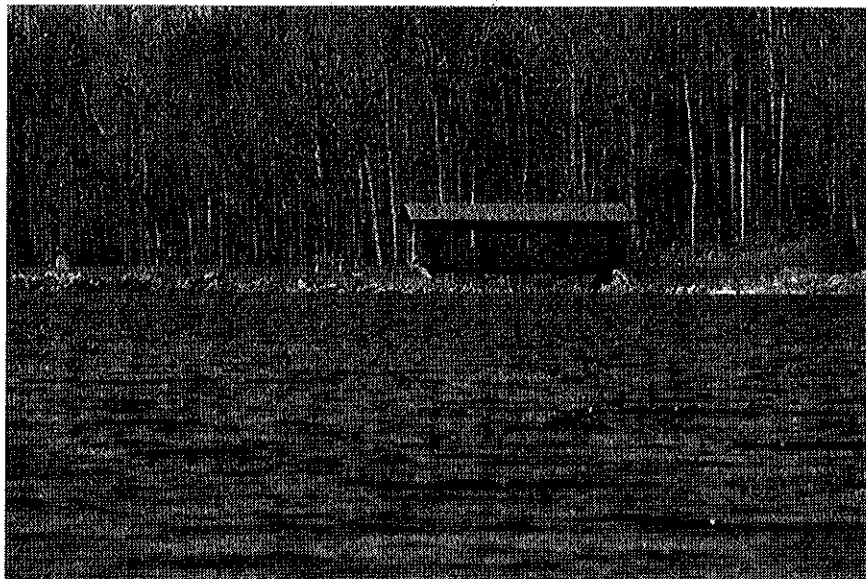
Where to sign in: Kon-O-Kwee/Spencer registration will be at Kramer Dining Hall and Deer Valley registration at the office.

Departure: See your registration form. Generally, you should plan to be packed and ready to depart after the Sunday lunch.

What to Bring: Sleeping bags, sheets, pillows, several changes of clothing for indoors and outdoors, jacket or winter gear (depending on season) toiletries, wash cloths, towels, flashlights, waterproof boots, hikers, Indian Guides "stuff" and tribal regalia, fishing equipment, roller blades, bikes, ball and gloves, snacks, bottled water/soda, rain wear/umbrella (in the rare event that the Medicine Man is not in good form) games, and other things you and your child like to do together. **BRING A CAMERA** and have someone take pictures of you and your Guide together!

Directions: Appear on the page prior to this registration in this issue of the Smoke Signals. Driving times: KOK/Spencer approx 1 hour and Deer Valley approx 2 hours.

Facilities: All facilities are heated. All have indoor plumbing. It isn't the Hilton, but it isn't so bad either!



PLUS CONSULTING
SOLUTIONS. TECHNOLOGY. RESULTS.

Creating Solutions. Delivering Results.

◆ Customer Relationship Management (CRM)

◆ Web Portals

◆ Business Intelligence

SugarCRM

Sage SalesLogix

SageCRM

Microsoft Dynamics CRM

Microsoft SharePoint

Microsoft BI

www.plusconsulting.com

412-206-0160

Showers available at all locations.

Relax Mom, your little guy will never have a better time.

Dads, you are responsible for your child(ren) at all times!

And remember, no alcoholic beverages

permitted at camp!

Y-Indian Guide/Trailblazer Camp-Out Registration Form

Register by mail with payment enclosed, or register online at www.southhillsareaymca.org/smokesignals with a major credit card.

Date: November 4-6

Camp Kon O Kwee

All Nations

Big Brave Name (first/last): _____ Guide (first/last): _____

Address: _____ Tribe: _____

Telephone: (H) _____ (W) _____ E-Mail: _____

Early Bird/Regular

Please specify which day you will arrive

____ Adults \$100.00/\$120.00
____ Child(ren) \$50.00/\$55.00

FRI _____ SAT _____

Program Fee Paid? ____ Yes ____ No, \$30.00 Enclosed

TOTAL DUE: _____


Payment Method : ____ Cash ____ Check ____ Visa ____ MC ____ AMEX ____ Discover

Credit Card Account Number: _____ Exp Date: ____/____/____

Cardholder Signature: _____ Date: _____


Mail completed form with payment to: South Hills YMCA, 51 McMurray Road, Pittsburgh, PA 15241

**CERTIFIED CHIROPRACTIC
SPORTS PHYSICIAN**
Dr. Paul Kohler, D.C., C.C.S.P.



RELIEF FOR INJURY
(412) 257-3228
back2healthchiro.com
850 Boyce Road, #7, Bridgeville (Behind 7-11 in Hunting Ridge)

~ Ask about our Free 1 Hour Massage for New Patients ~

STONECIPHER 
LAW FIRM

125 First Avenue
Pittsburgh, PA 15222-1590
Phone: 412.391.8510
Fax: 412.391.8522

Paul R. Rennie
Attorney At Law
prennie@stonecipherlaw.com

What's on the Horizon?

December

Wreath Sale Pick Up

Ice Skating

January

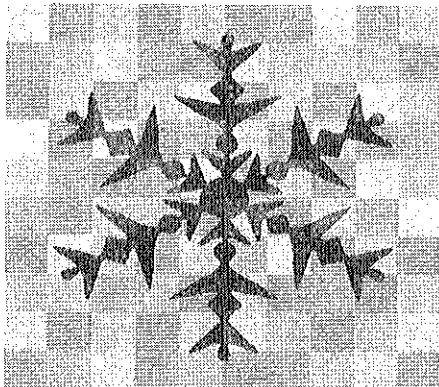
Laser Tag

KOK Campout (20-22)

February

Chule Cars

DV Family Campout (24-26)



December 2011

Sun	Mo	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2012

Sun	Mo	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	28	31			

February 2012

Sun	Mo	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			



South Hills YMCA
51 McMurray Drive
Pittsburgh, PA 15241
(412) 833-5600



South Hills / Cloverleaf YMCA

Smoke Signals

News for Indian Guides and Big Braves.